How to Reach RIMS Hospital?

Why RIMS?
Raihan Institute of Medical Sciences (RIMS) is committed to deliver top quality patient care with international standards. We aim to continue to develop and maintain an unrivalled clinical expertise to provide quality treatment with state of the art inpatient, ambulatory and preventive care in all areas of medicine at very minimal hospital charges.

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Dear Well Wishers,

By the grace of God, a long cherished dream has borne fruit, in terms of the humble launch of our Multi - Super Specialty Hospital – Ratan Institute of Medical Sciences (RIMS), Erattupetta on April 12th, 2015.

From a modest beginning, we have been striving to bring cutting edge technology, excellent professional services and meticulous protocols in every department to benefit patients from far and near. We are having various departments with full time consultants. Nephrology and dialysis unit will offer valuable services for the large volume of people with end stage kidney disease, subsequently we are also planning to start renal transplant. We are to start departments like Neurology, Ophthalmology, Interventional Neurology, Endocrinology etc. at the earliest.

As you all know General Surgery, Laparoscopic Surgery, Bariatric and Metabolic Surgery units are in full swing. Other departments like Orthopaedic and Joint replacement, Cardiology, E.N.T, General Medicine, Paediatrics, Dermatology, Oral and Maxillofacial Surgery, Obstetrics and Gynaecology, Pulmonology units are doing excellent work with good results.

Our vision is to provide world class affordable services to every citizen of India, we wish to serves the people, faithfully, extending excellent services meeting the concerns of the sick and needy at reasonable cost.

With the goodwill and support of all well wishers and with the dedicated team of well trained Consultants, Nursing, Paramedical and Administrative staff we are confident that we will be providing excellent services to those who come to us.

It is our mission to have an eye for detailing in everything that we do, being confident will truly set us apart. I wish to reaffirm that we place as much value on therapy as on technology.

I reiterate that we are dedicated to provide quality patient care and we are driven by the ideology of "Saving lives, no matter what it takes".

With Warm Regards,

Dr. Mohamed Ismail MS, FICS, FMAS
Chairman & Managing Director
About Raihan Institute of Medical Sciences

Raihan Institute of Medical Sciences (RIMS) is a 250 bedded Multi-Speciality Hospital in Erattupetta, Kottayam District. It is a Unit of Raihan healthcare Pvt. Ltd. incorporated on November 1st, 2013. The hospital is located on the foot hills of the high ranges, towards east of Erattupetta lies the tourist destination of Vagamon. Raihan Institute of Medical Sciences combines medical expertise and technology, providing a global output to redefine health care delivery system in Mid Travancore.

The hospital is steer headed by Dr. Mohamed Ismail MS, FICS, FMAS Chairman & Managing Director (Specialist in General, Laparoscopic, Bariatric and Metabolic Surgery with 25 years of experience). RIMS is promoted and managed by high-calibre, creative and dynamic professionals from the field of medicine with established track record of accomplishment, achievement and high social standing.

The venture aims to provide excellence in integrated health care with an infrastructure hosting state of the art medical technology. The multitude of facilities offered by the hospital is reasonably priced to cater the needs of the low income group, the hospital also aims to promote medical tourism which would further take the project to the limelight internationally. The hospital offers treatment across different specialities such as Bariatric and Metabolic Surgeries, Cardiology, Critical Care, Trauma and Emergency Medicine, Obstetrics and Gynaecology, Neurology, Orthopaedics and many other specialities.

Our Vision

“To aim at meeting the dynamic medical needs of the community by striking a balance between continued excellence in healthcare and affordability of common man”

Our Mission

“To save life and enrich its quality by judicious symbiosis of medical expertise, employing adequate and updated technology to foster patient care needs”

Our Motto

“Care with Compassion, Leads with Innovation”
INTERNAL Medicine

The Department offers a range of services from treating simple fevers to complicated clinical conditions requiring consolidated attention and referral to the proper specialty if required. The department of General Medicine is staffed by highly experienced and competent Doctors. The department is in the forefront of cooperation and co-ordination between different areas of super specializations. The prime goal of the department is to combine the latest evidence-based medicine with experience and thoughtful decisions about the patients to foster wellness and healing. Outpatient services and Intensive care facilities are available for both basic and highly advanced care serving the needs of all types of patients.

Services Offered
- Well Equipped and Well Manned Intensive Care Units
- Availability of Senior Physicians Round the Clock
- Daily Outpatient Clinics Conducted by Highly Experienced Physicians
- 24 Hours Service in Emergency Medicine and also in all the Wards
- Comprehensive Diabetic Care
- Thyroid Clinic
Paediatric Department specializes in the care of infants, children and adolescents. It provides a range of services from well-child care, to basic childhood immunizations and illnesses, to managing complex medical conditions and chronic disorders. The Department of Neonatology offers comprehensive neonatal diagnostic and treatment facilities for critically ill newborns. It also has a multidisciplinary unit, dedicated to provide the highest quality care for all newborns, ranging from healthy neonates to sick or premature newborns requiring close observation or intensive care.

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**Services Offered**

- Advanced Paediatric Intensive Care Unit with Ventilators
- Level III NICU with:
  - Non Invasive Ventilation, Nasal and Nasopharyngeal CPAP and IMV
  - Invasive Ventilation, Pressure Control and Volume Control
  - Exchange Transfusion
  - Umbilical Venous and Arterial Catheterization
  - Central Lines
  - LED Phototherapy
  - Care of Extreme Preterm and low birth babies
  - Hearing Screening
  - Round the Clock Availability of Consultants
  - Blood Gas Analysis (ABG, VBG)

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**We manage all the following, but not limited to**

- Asthma and Associated Allergic Diseases
- Chronic Obstructive Pulmonary Diseases
- Pulmonary Tuberculosis
- Interstitial Lung Diseases (Diffuse Parenchyma Lung Disease)
- Bronchiectasis
- Infective Diseases of the Lung (Including Bacterial, viral or fungal pneumonias)
- Occupational Lung Diseases
- Lung Malignancies
- Sleep Related Breathing Disorders
- Lung Diseases Associated with other Systemic Diseases

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**Respiratory Medicine**

The Department of Respiratory Medicine is a speciality for prevention, early diagnosis and treatment of all common and complicated diseases associated with lungs and associated parts of respiratory system.

- Pulmonary Function Tests
- Video Bronchoscopy
- Polysomnography (Sleep Study)
- Smoking Cessation Clinic
- Allergy Tests
- Arterial Blood Gas Analysis
- Invasive and Non Invasive Ventilators
- High Resolution CT - Thorax
- CT – Pulmonary Angiogram

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**Dermatology & Cosmetology**

The Dermatology and Cosmetology Department takes care of skin diseases in the widest sense and cosmetic problems of the scalp, hair, and nails. Diagnosis and management of skin conditions including infectious, immunologic, degenerative, neoplastic and sexually transmitted diseases is provided to patients of all ages.

The department also provides a wide range of cosmetic services for patients of all age groups.

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**Services Offered**

- Chemical Peels and Microdermabrasion for Scars, Striae and Skin rejuvenation
- Treatment for Adult and Paediatric Acne, Eczema and Psoriasis
- Management of Hair / Nail Disorders
- Treatment of Inflammatory Skin Disorders
- Treatment of Sexually Transmitted Diseases
- Screening of Skin Cancers
- Treatment for Vitiligo
- Skin Biopsy
- Derma Scope
- Mole Excision
- Cryotherapy with Liquid Nitrogen
The Department of General & Laparoscopic Surgery deals with a range of surgical ailments and emergencies. In addition to treating minor swellings, the surgeons are adept at complex abdominal surgeries and trauma cases. Most abdominal surgeries are performed through Laparoscopy (Keyhole Surgery). Backing this team of highly skilled surgeons, trained nurses and technicians and state of the art operation theatres equipped with the latest technology.

The Department is headed by Dr. Mohamed Ismail MS, FICS, FMAS - pioneer General, Laparoscopic, Bariatric & Metabolic Surgeon in the country and completed more than 80,000 various General & Laparoscopic Surgical procedures.

**Services Offered**

**General Surgery**
- Emergency Surgery including Poly Trauma
- Inguinal, Incisional and Ventral Hernia Repairs
- Surgeries of the Liver and Gallbladder
- Oesophageal Resections and Reconstruction
- Gastric (Stomach) Surgery
- Surgeries on the Small and Large Intestine

**Laparoscopic Surgery**
- Cholecystectomy
- Diagnostic Laparoscopy
- Appendectomy
- Inguinal Hernia Repair
- Incisional and Ventral Hernia Repair
- Adrenalectomy
- Splenectomy
- Treatment of Hydatid Disease of the Liver
- Fundoplication for Heart Burn
- Cardiomyotomy for Achalasia Cardia
- Colectomy
- Rectopexy
- Nephrectomy
- Treatment for Varicocele

**Splenectomy (Spleen Removal)**
- Anorectal Conditions
- Pancreatic Surgery
- Minimally Invasive Surgeries for Varicose Veins of the Lower Limb
- Wound Care for Diabetic Foot and Venous Ulcers
- Endoscopic Thyroid Surgeries
- Endoscopic Parathyroid Surgeries
- Breast Surgeries, Reconstruction & Conservative Surgeries for Carcinoma of Breast

**OTORHINOLARYNGOLOGY**

The Department of Otorhinolaryngology (ENT) at RIMS Hospital offers comprehensive care for all disorders related to the ear, nose, sinus, head and neck region, for patients of all ages. The medical team here provides customised treatment plans – surgical and non-surgical - after extensive evaluation, with an optimal, evidence-based approach. The Department is equipped with most modern technical support for both diagnosis and treatment, it is one of the finest facilities of its kind in the region offering several advanced procedures like Nasal and Nasopharyngeal Endoscopes for diagnosis, Video Endoscopy facilities for all types of Endoscopic Sinus Surgeries, Microaryngaeal surgeries and voice-improving Phonosurgery for patients with voice issues and specialises surgeries for sleep disorders including snoring and sleep apnea. Multi-disciplinary in approach, it works closely with other departments like Neurosurgery, Cranio-maxillofacial Surgery, Allergy and Immunology, Pulmonology and Paediatrics & Neonatology for management of ear, nose and neck disorders in adults, children and neonates.

**Services Offered**
- Outpatient Procedures
- Audiology and Speech Therapy
- Rhinology
- Laryngology
- Paediatric Otolaryngology
- Surgery of the Nose and Paro-Nasal Sinuses
- Snoring & Sleep Apnea
- Otology

**PSYCHIATRY & NARCOLOGY**

Sometimes medical, emotional or traumatic situations can affect or disrupt our normal thought processes. This can be a great source of discomfort for patients as well as their loved ones. The department of psychiatry is equipped to address these issues and work towards bringing the patient back to normal life. The specialist in the department uses a combined knowledge of allied clinical departments to treat a patient.

**Treatments Offered**
- Depression
- Anxiety
- Bipolar Disorder
- Schizophrenia
- Attention-Deficit Hyperactivity Disorder
- Attention-Deficit Disorder
- Autism Spectrum Disorders
- Behavioural Disorders
- Personality Disorders
- Dementia
- Sexual Disorders

**AUDIOLOGY**

The discipline of Audiology involves the evaluation, treatment and conservation of the hearing and or balance systems of the human audio-vestibular system. Specially trained health care professionals are offering best expertise in the field.

**Services Offered**
- Pure Tone Audiometry and Special Tests
- Tympanometry
- Brainstem Evoked Response Audiometry (BERA)
- Auditory Steady State Response (ASSR)
- Otoacoustic Emissions (OAE)
- Behavioural Audiometry
- Speech Assessment and Therapy
- Cochlear Implantation Therapy
- Hearing Aid Trial and Fitting
The Orthopaedic department offers a wide range of medical, surgical facilities for the diagnosis treatment of musculoskeletal injuries or disorders. The Department offers 24x7 trauma services and special expertise in reconstruction and replacement of major joints.

**Department Facilities**
- Well Equipped Emergency Department
- Ultra modern Operation theatre with International Standards
- State of the art Intensive Care Units
- 24 Hours CT Scan & Fully Equipped Radiology & Imaging Services

**Special Clinics**
- Foot & Ankle Clinic
- Shoulder & Elbow Clinic
- Sports Medicine Clinic
- Arthritis Clinic
- Spine Clinic

**Services Offered**
- 24x7 Trauma & Fracture Treatment
- General Orthopaedics
- Replacement Surgeries for
  - Hip
  - Shoulder
  - Knee
  - Elbow
- Arthroscopic Surgeries (Keyhole Surgeries of Joints)
- & Sports Medicine
- Paediatric Orthopaedics and Deformity Correction
- Tumour Surgery & Reconstruction
- Treatment for Spinal Disorders
- Physical Medicine & Rehabilitation

RIMS Mother Care Centre offers superior maternity and reproductive health care benefits and services with the help of renowned Gynaecologists.

**Treatments & Services offered**
- Reproductive Medicine - Including Facilities for Intra Uterine Insemination
- General and High Risk Obstetric Care
- Electronic Fetal Monitoring Facilities
- Gynaecologic Treatment Modalities - Including Medical and Operative (Conservative and Radical) treatment of common Gynaecological conditions
- Laparoscopic Surgeries (Minimal Access Surgeries)
- Detailed Sonological Evaluation of the Intra-Uterine Fetus
- Gynaecologic Cancer Screening Facilities including Colposcopy
- Protocol wise Management for Gynaecologic Malignancies
- Uro-Gynaecological Procedures
- Dedicated pregnancy care for uneventful and high risk maternity cases complicated by hypertension, diabetes and other medical problems
- Ultra Sound Scanning
- Colour Doppler Scanning
- Total Infertility Evaluation for both Males and Females
- Controlled Ovarian Stimulation & IUI
- Facilities for Pap Smear, Liquid Based Cytology, Colposcopy and Mammogram
- We Offer Screening for Gential Tract Cancer and Breast Cancer
- All sorts of Gynaecological surgeries including conventional, open and vaginal surgeries like TAH, TVTO, NDVI and reconstructive surgeries for Pelvic Organ Prolapse
- Endoscopic Surgeries (Laparoscopic and Hysteroscopic)
- Diagnostic Procedures
- Tubal Sterilizations
- PCOD Puncture
- Salpingectomy for Ectopic Pregnancy
- Endometriosis Surgery
- Myomectomy
- Hysterectomy - Open / Vaginal
- Total Laparoscopic Hysterectomy
OPHTHALMOLOGY

The Ophthalmology Department caters to all types of therapeutic ophthalmic service. The Ophthalmology department at RIMS is committed to provide the best quality of care for all kinds of eye diseases and visual problems affecting patients. The department is equipped for performing Cataract surgeries, other intraocular and extraocular surgeries (Oculoplastic surgeries). The department is fully equipped to provide high quality, personalised care to all patients with eye and vision disorders. Operation theatres with international standards and all other advanced facilities are in place to serve our patients with nothing short of the best.

ANAESTHESIOLOGY

The department of Anaesthesiology takes care of in-operation anaesthesia, post-operative patients for recovery and provision of care to patients in critical cases. The Department also offers pre anaesthetic checkups and painless labour. The ICU is manned around the clock by our in-house dedicated team of highly qualified intensivists to provide world class care to very sick patients of all age groups of varying illnesses. Prepared for anything, our staff will ensure the full stability of our patients before moving them to one of our excellent inpatient rooms.

An integral support function for all Specialities, the Department of Anaesthesiology provides inter-disciplinary medical care based on applications of Anaesthesia in Surgery, Diagnosis, Critical Care and Pain management with an optimal, evidence-based approach. The ALS/BLS trained team of Anaesthesiologists, with the help of high tech clinical support, extends expert services to all specialities at all times, efficiently.

EMERGENCY MEDICINE

If it’s an emergency, every second is crucial and so is the treatment given. The Department of Emergency Medicine combines technology and unmatched medical expertise to provide advanced emergency care with utmost efficiency. Capable of handling all emergencies and trained in disaster management, the emergency care team here is always on the alert mode, 24x7.

The department provides daily, around the clock, medical services to patients in need. Our medical professionals are available twenty-four hours, seven days a week to treat and consult. The department is ready to handle day to day sicknesses, illnesses and health concerns as well as trauma cases.

Our ambulance services are also available around the clock. The ambulance is equipped with a modern mobile ICU, bringing our medical professionals to your doorstep. In order to keep you healthy and, if need be, save our patients’ lives.

A full-fledged facility with multiple emergency care divisions with state of the art clinical support including dedicated exclusive Radiology Suite for fast-tracking diagnosis, the team of trained and experienced Doctors, Paramedics and Nurses here have all facilities at hand to extend immediate medical care to critically ill or injured Patients with threat to life or limbs.

Designed to create a comfortable and calming ambience, the beds in the treatment area are well separated and curated to protect the privacy of patients and their families.

RIMS DENTAL CARE

The Dental department of RIMS consists of a team of highly experienced and tech savvy Dentists, specialists, trained nurses and technicians.

We offer comprehensive dental evaluation and care to all age groups (including children & senior citizens) by adapting international treatment protocols: modern, state of the art equipments and internationally trained specialists to provide total smile solutions.

Our Services

- Restorative Dentistry and Endodontics
- Orthodontics & DentoFacial Orthopaedics (Smile Design)
- Periodontics
- Prosthodontics
- Implant Dentistry
- Pediatric Dentistry
- Esthetic Dentistry
- Dental Tourism

Our Facilities

- The hospital ambience has been carefully created to reduce patient anxiety and create maximum comfort
- Our experienced faculty takes exceptional care to provide “Pain Free” Dentistry
- Our aim is to spread awareness of problems related to teeth and mouth and thus to prevent dental diseases or diagnose them at the start
- The whole RIMS Dental care experience strives to instil a positive approach towards better oral health care there by better overall health
- Best Quality Services
- Maintains Highest Standard of Sterilization
- Ultimate Patient Care
PHYSICAL MEDICINE & REHABILITATION CENTRE

Physiotherapy and Rehabilitation department, takes a proactive goal by giving advice and tips on how to prevent physical injury. Additionally, the center is fitted with all the equipment necessary for pre & post-operative rehabilitation. All sorts of impairments and disabilities and the promotion of mobility, functional ability, quality of life and movement potential through examination, evaluation and physical intervention are being carried out.

Services Offered
- Orthopaedic and Sports Medicine Rehabilitation
- Neurorehabilitation (Following Stroke, Spinal Cord Injuries, Movement Disorders etc.)
- Cardiopulmonary Rehabilitation
- Paediatric & Geriatric Rehabilitation
- Anti & Postnatal Rehabilitation
- Ergonomics
- Home Physiotherapy

DIETETICS AND MEDICAL NUTRITION

At RIMS, the Dietetics and Medical Nutrition Department provides patient guidance on eating healthy and managing their eating habits in relation to their weight goals or any illnesses.

The Department plays a key role in improving the nutritional health and well being of patients so as to optimise their clinical management. Application of principles of nutrition for promoting good health forms, the core of dietetic practice at our hospital, the service being at par with international standards.

We follow recommendations that are evidence-based and consistent with international dietetic guidelines for the assessment, management and education of inpatients and outpatients. Our dieticians work in close association with a multidisciplinary team to provide the best care for patients through nutrition intervention, counselling and education.

Nutritional counselling is provided to patients in OP as well as IP setting. The hospital has a well equipped kitchen with trained personnel for preparing and serving prescribed meals to patients.

Services Offered
- Nutritional Assessment of Patients in OP as well as IP
- Prescribing Appropriate Diets as per Clinical Conditions
- Training and Educating Healthcare Providers about Nutrition and Diet
- Helping to Improve the Standards of Nutrition across the Hospital

RADIOLOGY AND IMAGING SCIENCES

The Department of Radio diagnosis and sonology is a world-class facility offering diagnostic imaging services. The department has CT scanner and a dedicated Radiology Suite equipped with state of the art ultrasound scanners. As a department that lends crucial support to all Specialities, the Radiology team comprising Consultants, Specialists and expert Technicians, follows an interdisciplinary work approach to provide high quality, patient-centric diagnostic and interventional services to patients.

At RIMS, apart from diagnostic services, we are planning to introduce full-spectrum vascular and non-vascular interventional procedures including stenting of blood vessels (Peripheral, Carotid, Renal, Visceral), Endovascular stent grafting of aneurysms (EVAR), Tumour Embolisations including Chemo Embolisations, Fibroid Embolisations, Radio frequency ablations and Interventional Neuroradiology services like management of brain aneurysms, vascular malformations and several other neurological conditions.

Services Offered
- Whole Body CT Scanner with Pressure Injector
- Computed & Digital Radiography
- High Resolution Ultrasonography
- Doppler Studies

PREVENTIVE CLINIC

The preventive clinic at RIMS is equipped with most modern facilities, expert Doctors and Paramedical staff. The following facilities are available in the Preventive Clinic.

Immunisation Programmes
We are conducting immunization (IUP) for children less than 5 years

Counselling
Counselling facilities are available for:
- Adolescent group
- Maternity group
- Family group

Health Education
Health education on communicable and non-communicable diseases, breast feeding, growth monitoring, nutrition and child development.
We have built an institute which matches the highest standards of healthcare delivery across the world. Where care is provided at a price that is affordable. Cost-effective solutions, innovative processes and highly skilled professionals have brought together the world class infrastructure, cutting edge technology & highly integrated & comprehensive information systems, allowing us to spearhead an ongoing quest for exploring new therapies in medicine.
The Department of Bariatric and Metabolic Surgery at RIMS hospital is a fully fledged state of the art centre for the treatment of all types of bariatric & metabolic problems. Well equipped operation theatre, intensive care units with international standards is making the department unique in the Mid Travancore. The Department is headed by Dr. Mohamed Ismail MS, FICS, FMAS, pioneer Bariatric & Metabolic Surgeon in the country and completed more than 1000 various bariatric surgical procedures, Chief Surgeon of the Dept. of General, Laparoscopic, Bariatric and Metabolic Surgery in Moulana Hospital Perinthalmanna for last 23 years. He has excellent experience in Laparoscopic Surgery by virtue of the pioneer Laparoscopic Surgeon in the country, completed more than 80,000 basic and advanced laparoscopic surgeries. He has special interest in Endoscopic Hernia Repair and completed more than 9000 TEP (Totally Extraperitoneal Mesh Repair) procedures for Inguinal Hernia, one of the largest series in the world, and having large volume of laparoscopic repair of Incisional Hernia and Ventral Hernia. He also has wide experience in piles surgery and completed more than 4000 MIPH (Minimal Invasive Procedure for Haemorrhoids), the largest number in India.

Services offered
- Laparoscopic Sleeve Gastrectomy
- Laparoscopic Gastric bypass – RYGB & MGB
- Diverted Ileal Transposition (DIT)

The Department of Cardiology is equipped to provide compassionate and proficient care to patients at an affordable cost. Our qualified team, along with the latest technology, ensures the best possible diagnostic and treatment services for patients referred with actual or suspected heart disease. Services include non-invasive diagnostic facilities, and a wide range of interventional cardiac and vascular procedures. The department is equipped with a 6 bedded Cardiac Intensive Care Unit (CICU) and 6 bedded Coronary Care Unit (CCU).

Interventional Procedures Offered
- Primary Angioplasty
- Elective Angioplasty including bifurcation interventions, left main interventions & chronic total occlusions
- Pacemaker implantations – Single Chamber & Dual Chamber
- ICD Implantation

Diagnostic Services Offered
- Electrocardiograms (ECG)
- Echocardiography
- Tread Mill Tests
- Holter Monitoring (24hours & 7days monitoring)
- Coronary Angiograms, Peripheral Angiograms
At RIMS the Critical Care Medicine Department provides complete care for patients with acute, life-threatening illness or injury. Intensivists provide dedicated and continuous care to critically ill patients who require advanced monitoring and care in the Intensive Care Unit setting. These specialists, who have special training in the care of critically ill patients work closely with all other specialists in the hospital.

The Critical Care Department has Medical, Surgical, Paediatric and Neonatal, Trauma care, HDUs, Post Anaesthesia & Cardiac ICUs comprising of 45 beds. Our ICUs have a very high nurse to patient ratio, supported with continuous invasive monitoring, in addition to the use of mechanical and pharmacological life sustaining therapies.

**Services and Treatments Offered**
- Airway management
- Mechanical Ventilator
- Central Lines
- Continuous Pulse Oximetry
- Continuous Cardiac Monitoring
- Hemodynamic Monitoring
- Haemodialysis
- Bronchoscopy
- Pain Relief
- Bladder Catheterization
- ICD Tube Placement
- Nutritional Planning
- Resuscitation Services in all the Departments Round the Clock
- Emergency Services
- Pace Makers
- Defibrillator
- Pleural and Pericardial Centesis
- Tracheostomy

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**ENDOCRINOLOGY**

The Department of Endocrinology and Diabetes at RIMS provides comprehensive care for all hormone related disorders under one roof. Broad range of services are provided for the diagnosis and management of diabetes, thyroid disorders, obesity, growth and pubertal abnormalities in children, osteoporosis, pituitary disorders, hypogonadism and infertility in males & females, hormone replacement therapy and various other hormonal disorders.

**Treatments Offered**
- Diabetes
- Thyroid Diseases
- Pituitary Gland Diseases
- Adrenal Complications
- Polycystic Ovary Syndrome
- Metabolic Bone Diseases
- Obesity and Over Weight
- Dyslipidemia
- and other Hormone Related Diseases

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**NEUROLOGY**

The Department offers advanced Neurology, Diagnostic and Interventional Neurological procedures for patients of all ages. The medical team comprising Consultants, Specialists, Surgeons, trained Nurses and ancillary staff is capable of handling all neurological emergencies, including complex neuro trauma and hyper acute management of stroke. It has Outpatient and Inpatient divisions, ICUs and extended support from neurosurgery department offering dedicated treatment for all illnesses affecting the brain, spinal cord and nerves, including haemorrhage, stroke, tumours of the brain and spine, developmental malformations, spinal degenerative conditions including disc diseases, and many others. The unit offers specialised services for the comprehensive management of dementia, epilepsy, multiple sclerosis & movement and behavioural disorders.

**NEUROSURGERY**

The Division of Neurosurgery is equipped with the latest infrastructure for the diagnosis and management of various neurological disorders. Micro neurosurgery, minimally invasive and endoscopic surgery of the brain and spine, correction of congenital craniofacial disorders and endovascular interventional procedures are some of the advanced procedures offered.

**Facilities & Services**
- Emergency and Trauma Care Unit Available for 24 Hours
- Separate Operation Theatre for Emergency Cases
- Well Equipped Ultra Modern Neurosurgery Theatre Complex
- Brain Tumour Surgeries
- Endoscopic Pituitary Adenoma Excision
- Spinal Instrumentation Procedures
- Separate Neuro ICU and Head Injury ICU
- Ventilator facility for all Neuro ICU Beds
- Round the Clock Availability of Well Equipped Mobile ICU
The department of Oral and Maxillofacial Surgery at RIMS, is a comprehensive centre for detecting and treating many diseases, injuries and defects in the head, neck, face, jaws & the hard and soft tissues of the Oral and Cranio-Maxillofacial region.

Our team of Doctors here comprises of highly experienced and experts in their specialities. The department of Oral and Maxillofacial Surgery is the first time in Mid-Travancore, offers advanced facilities, to ensure the proper diagnostic and treatment facilities to the patients and provides 24x7 services in case of emergencies. The well equipped operation theatre, intensive care units and a dedicated team for handling the trauma is making the department unique.

The department is functioning with advanced facilities and provides quality patient care.

**Services Offered**
- Facial Trauma Surgeries
- Orthognathic Surgeries
- Facial Cosmetic Surgery
- Craniofacial Surgery for Congenital Facial Deformities
- Head & Neck Oncosurgery
- Oral & Dentoalveolar Surgeries
- Cleft Lip & Palate Surgeries
- Reconstructive Surgeries
- TMJ Surgeries
- Pre Prosthetic Surgeries
- Snoring & Sleep Apnea Correction
- Management of Head & Neck Infection
- Microvascular Surgery
- Management of Facial Pain Disorders
- Lasers
- Hair Transplantation
- Facial Bone Sculpting
- Skin Rejuvenation Procedures

**Specialty Clinics**
- Facial Deformity Clinic
- Cosmetic Clinic
- TMJ Clinic
- Head & Neck Clinic

**Other facilities**
- 24x7 Trauma Care and Operation Theatre Services
- All Facial and Dental Radiographs including Orthopantomogram (OPG)
- Modern CT Scan and other Diagnostic Aids
- Out Patient Clinic on all Days
- Round the Clock Inpatient Care

**GASTROENTEROLOGY**

Department of Gastroenterology, in RIMS provides diagnostic, therapeutic, endoscopic services and inpatient facilities for complicated and serious gastrointestinal and liver disorders. These include peptic ulcer disease, gastroesophageal reflux disease, gastrointestinal bleeding, functional gastrointestinal disorders, inflammatory bowel disease syndromes (IBS), pancreatico-biliary diseases, acute and chronic liver disease as well as gastrointestinal and liver malignancies.

**Services Offered**
- Alcohol induced Liver Disease
- Colon Cancer Screening
- Minor rectal bleeding
- Colonoscopy
- OGD Scopy
- Liver Biopsy / FNAC
- Interventional Endoscopic Procedures
- Polypectomy
- Percutaneous Endoscopic Gastrostomy (PEG)
- Endoscopic Retrograde Cholangio-Pancreatography (ERCP)

**RHEUMATOLOGY**

Rheumatological diseases have the potential to cause severe disability and on occasion be life threatening. It has been estimated that nearly 75% of the world population suffer from some Rheumatological ailments in their lifetime.

Department of Rheumatology is dedicated to the task of improving quality of life of patients suffering from arthritis and other auto-immune rheumatic conditions.

The department has a unique set up for the diagnosis and management of all auto-immune rheumatic conditions. The department has strong focus on evidence based medicine and research. It is at the forefront of using innovative therapies in rheumatology and immunology.

**Services Offered**
- Treatment of Rheumatoid Arthritis
- Lupus, Psoriatic Arthritis, Ankylosing Spondylitis, Vasculitis etc.
- Special focus on Rheumatic diseases in children and pregnant women
- Systematic disease activity assessment.
- Advanced therapy for complex auto-immune diseases.
- Multidisciplinary approach.

**PAEDIATRIC SURGERY**

The Paediatric Surgery Department offers world class treatment and family centered care for the diagnosis and treatment of paediatric problems like Cleft lip, Cleft palate, Tracheo-oesophageal fistula and Infantile Hypertrophic Pyloric Stenosis, Hirschsprung Disease, Imperforate Anus, Undescended Testis, Hernias & Abdominal wall defects are attended in the department.

**Treatments & Services Offered**
- Paediatric upper and lower GI Scope
- Paediatric Ventilators
- Paediatric Trauma Care
- Neonatal Surgery
- Antenatal Counselling and Postnatal Care
- Paediatric Urology
The division of genitourinary diseases brings forth an abundance of experience and skill. Our dexterous doctors are experts in diagnosing and treating the most common of urological and endo-urological illnesses, handling urological cancer and performing modern laparoscopic and other advanced procedures that greatly reduce normal surgical risks.

**Urology**

- Surgical management of Kidney Stones and Prostate Diseases
- Urodynamic Study and Incontinence Repair
- Laparoscopic Urology
- Erectile Dysfunction and Infertility
- Sexual Healthcare and Treatment
- Investigations and Treatment of Infertility
- Investigation and Treatment of Urinary Incontinence (Urodynamic Study, TOT, TVT, Botox, Cystocele, Rectocele, Vaginoplasty and Perineorrhaphy, Artificial Urinary Sphincter)
- Rigid and Flexible Ureteroscopy
- Investigation of Erectile Dysfunction and Treatments
- Painful Bladder Syndrome
- Recurrent UTI
- Basic Paediatric Urology and Plastibell Circumcision
- BPH Treatments
- Bladder, Testis and Prostate Cancer Detection and Treatment
- Stone Clinic

**Nephrology & Dialysis**

The Division of Nephrology and Dialysis is a highly advanced and dedicated facility providing comprehensive care to patients of all ages with kidney diseases. The department has the finest team of Nephrologists, who have many years of experience in all treatment modalities.

**Services Offered**

- Acute as well as Chronic Haemodialysis
- Provision for ICU Dialysis
- Continuous Ambulatory Peritoneal Dialysis
- Glomerulonephritis Workup including Renal Biopsy
- Pre-Dialysis CKD Care
- Hypertension Clinic

These services are supported by trained Nurses, Renal Dieticians and Technicians. The medical team here provides high quality treatment to patients, with an optimal, evidence based approach.

**Vascular Surgery**

Vascular Surgery is a specialty of surgery in which diseases of the arteries and veins are managed by minimally invasive catheter procedures and surgical reconstruction. The Department is well equipped with infrastructure for management of all vascualr diseases.

**Treatments & Services Offered**

- Limb Bypass and Angioplasty to Arteries to Prevent Limb Amputations.
- Open and Endovascular Aortic Surgeries.
- Carotid Surgeries for Prevention of Stroke.
- All AV access Surgeries for Hemodialysis (Including AV Grafts & Percutaneous Insertions)
- Surgeries and Interventional Procedures for Treatment of Venous Disorders.
- Evaluation and Management of Diabetic Foot
- Management of Vascular Trauma.

**RIMS Facilities & Services**

- 24 Hours Trauma and Emergency Care
- 24 Hours Pharmacy
- Multidisciplinary Intensive Care Units with International Standards
- Pre & Post Operative Wards
- Paediatric & Neonatology Intensive Care Unit
- Cath Lab
- Operation Theatre Complex with Heppa Filter
- Labour Room Complex
- General Wards
- Round the Clock Angioplasty
- Dialysis
- CT and Ultrasound Scan
- Computed and Digital Radiography
- Knee Replacement Procedures
- Echo, TMT & ECG
- Endoscopic, Colonoscopic & Bronchoscopy Procedures
- Painless Delivery
- Health Check Up Programme
- 24x7 Mobile ICU Service
The Laboratory Medicine Department at RIMS Hospital is equipped with all modern and hi-tech medical equipments. Instruments with integrated laboratory solutions supporting our Consultants and Clinicians round the clock by maintaining 100% accuracy and perfection in carrying out patient investigations thereby ensuring error-free patient diagnosis to all and always.

Our laboratory medicine Department is an epitome of a challenging work environment. Protecting people, assets and the environment from explosives and avoiding cross-contamination in a laboratory are vital and our laboratory strictly adheres to these Basic International Requirements which are subject to strict regulatory measures. In addition we ensure data storage without gaps or losses to be compliant and to stay competitive while at the same time making sure that our patients feel comfortable and safe.

Credibility of medical laboratories is paramount to the health and safety of the patients relying on the testing services provided by the labs. We at RIMS Central Laboratory strive hard to provide every patient and customer total satisfaction with exemplarily devoted service through a team of exceptionally qualified and highly experienced lab technologists to obtain results on time and every time without compromising on quality and precision in the investigations. They perform, with special emphasis on daily quality check. Our services go beyond providing reliable reports, but also help to give a complete clinical picture of the patient.

**BIOCHEMISTRY**

The Biochemistry department is equipped with most modern and latest technologies of estimation like fully automated and enhanced semi automated analysers are put into practice. We are using the most modern instruments procured from the world’s most renowned and leading companies and performing Internal Quality Control (QC) and assuring the results by running QC twice daily.

**HAEMATOLOGY AND CLINICAL PATHOLOGY**

Our hospital has a dynamic and competent team to handle all sorts of haematological cases including malignancies. We have “state of the art” equipments and instruments to back up the diagnostic team. Our Lab is equipped with Fully Automated Cell Counter with VCS Technology. Cytopathology, FNAC’S are being done routinely.

A well established laboratory for diagnostic work up of patients attending RIMS Hospital, with separate setups for Bacteriology, Virology, Parasitological, Mycology and Serology. Blood Banking & Transfusion Medicine, Histopathology & Microbiology will be started shortly.

We have tied up with NABL accredited laboratories to get investigations done with minimal TAT, which are not performed in our laboratory for avoiding the patient inconvenience.

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**RIMS MAKES A DIFFERENCE IN PATIENT CARE**

Prevention & Wellness –
Environment Friendly –
Access and Choice –
Convenience –
Privacy –
Quality –
Cost Effective –
Healthy & Vibrant Ambience –
High-end Technology Based Treatments –

FOR ENQUIRIES & BOOKINGS:
755 888 09 12
MEDICAL VALUE TRAVEL PROGRAMME

Kerala is the ‘Paradise’ scenic beauty and charm. We in RIMS Hospital have a special package for the patients who come from the west, especially from the Gulf and Europe, attracted by the cost effective rates with variety of treatment options available in India, especially in Kerala. Kerala is now a prominent destination spot in the medical tourism map of the world, as the soaring health care costs and long waits for medical procedures in those countries make it difficult to find quality, affordable and comfortable treatment for the patients. We have therefore developed a package for taking into account these specific factors and tailor made to suit all the needs of the patient so that after discharge, the patient is offered a recuperative holiday at a resort at any of the tourist spots according to the patient’s choice. After which a post treatment check up is also arranged before the final departure. Thus the patient can enjoy the scenic surroundings in the backdrop of lushous greenery, including the famous backwaters of Kerala. Some of the most sought after beach and hill station resorts are located at Vagamon Meadows, Vembanad Lake, Alappuzha House Boats and Fort Kochi, Kummakom Bird Sanctuary and Thazhathangady Juma Masjid. Salient features of our medical tourism packages are available in our Website.